

British Junior Teams at the EJC 2001 to 2008

John Atkinson

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- Director of World Class Programmes, British Swimming, I have worked for British Swimming since February 2001, now in my 9th year working for the national federation.
- When commencing in post as the National Youth Coach in February 2001 I was tasked with bringing through the new generation of British Swimmers.
- Now I work across all programmes of British Swimming managing operations of the newly established Intensive Training network and ensuring arrangements of national team camps and competitions takes place.

John Atkinson

- During my time with British Swimming they have progressed at the European Junior Championships as follows,
- Winning 3 medals in 2001
- 7 medals in 2002
- To topping the medal table for total medals for the first ever time in 2003 with 20 medals (The highest ever tally for GBR by 8 medals).
- In 2008 the British team won the EJC for the first time ever on 10 Gold Medals!
- The new generation of swimmers that came through the Youth programme are now making an impact with the senior British team.

2001

- I commenced in post with British Swimming Feb 2001 – new programme commencing World Class Potential/World Class Start – government funding
- Immediately attend a youth camp for females and then males, 2 x 4 day camps
- We then swam the 6 nations March GBR vs GER, FRA, ITA, ESP, SWE, finished 5th (won in 2000)
- Started to develop the World Class Potential/Start Programme Feb to June
- Swam at EJC 2001 – 3 medals



European Juniors Malta, 2001

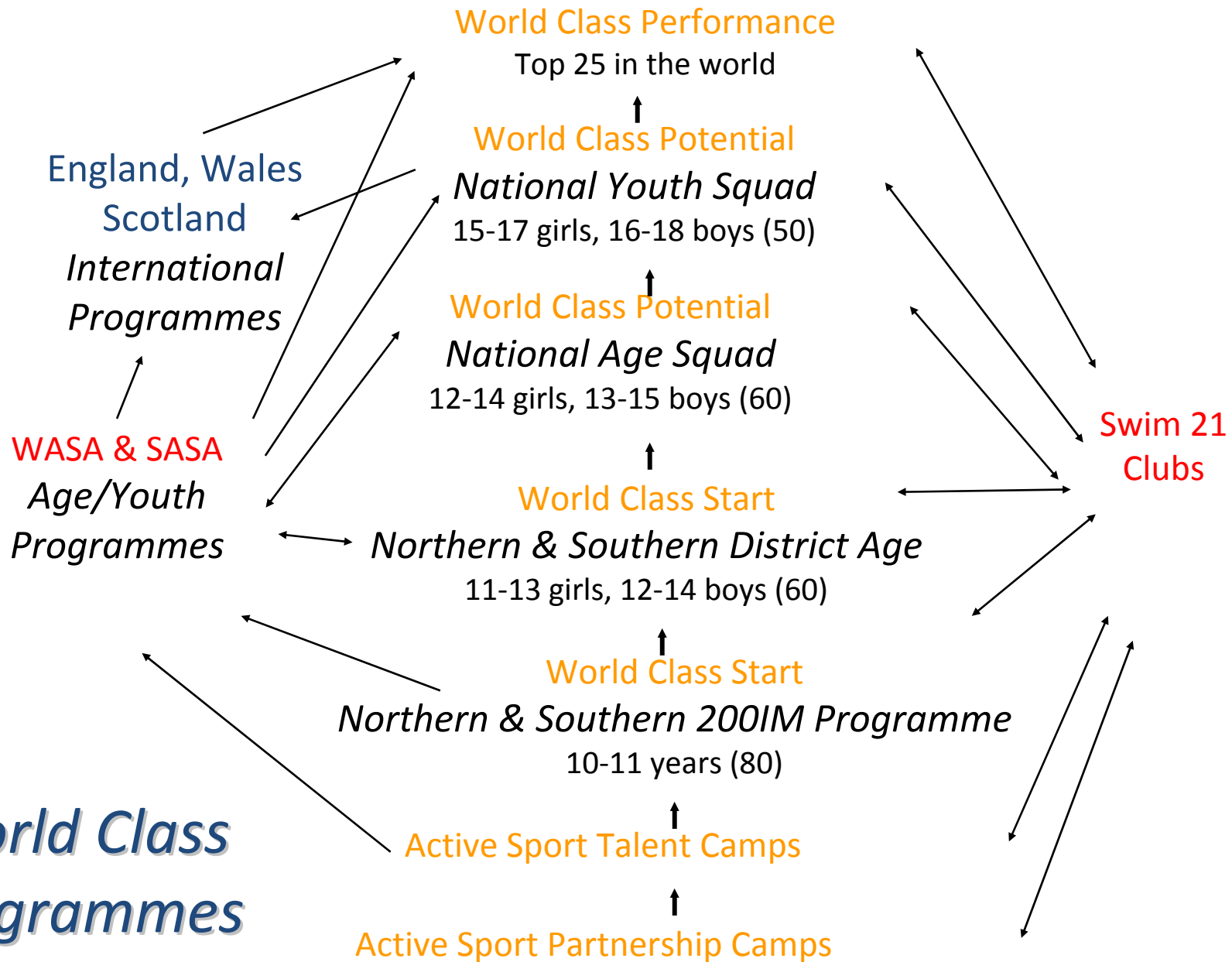
European Junior Champs 2001

- The Great Britain team came away from the meet with just 3 medals and a further 13 final placing's (4th to 8th).
- 18 swimmers were entered into 29 individual events; in all we had 57 swims of which only 18 performances were personal best times. This is a personal best percentage of 31.5%.
- 2001 – 1 relay and it was disqualified (W 4 x 100 Med)
- Not good enough.

Following 2001 EJC

- Potential programme and new staffing introduced, 3 coaching coordinators to visit clubs on the road, SS/SM staff and most importantly opportunities for home coaches, camps/clinics/competitions.
- 200m plus focus for events (Andrei V asked at the caches conference why not 400+ at a conference I talked at, step by step was my reply)
- Strong relays for EJC to be developed.

World Class Programmes 2001 to 2006



First camp I attended in Britain

- Feb 2001, I did log book checks and this is what I found
- Potential age male and females (13 to 17 years) were averaging 16 to 24 kilometres per week. Swimmers doing more than this were the exception to the rule!
- They also competed 24 to 34 weekends per year! Swimmers doing less than this were the exception to the rule!

break point volume, was a target?

- It is optimum volume performed at optimum skill level achieved through participation in a maximum number of training sessions at controlled intensities.
- This needs to be achieved prior to and through their maturation years.

Some general targets and expectations

- 48 weeks of training per year
 - Males 13-15 and over – 2200 to 2800 km per year
 - i.e. 45 – 60,000m/wk
 - Females 12-14 – 2400 to 2800 km per year
 - i.e. 50 – 60,000m/wk
 - Males 16 and over – 2200 to 2800 km per year
 - i.e. 45 – 60,000m/wk
 - Females 15 and over – 2400 to 2800 km per year
 - i.e. 50 – 60,000m/wk

Training Volumes of Potential Age Swimmers

- 2000/2001 Average was 16 to 24 kilometres per week
- 2001/2002 Average of the Potential Age Male programme was 30 kilometres per week and the females was 35 kilometres per week
- 2002/2003 Average of the Potential Male programme is 42 kilometres per week and the females are averaging 46 kilometres per week

Training Volumes of Potential Youth Swimmers

- 2001/2002 the squad (males & females) averaged 39 kilometres per week
- 2002/2003 the squad (males & females) is averaging 51 kilometres per week

Progressing each year, however not changing too many things at a time and keeping the core values

- Following the first 3 to 4 years the emphasise changed and more specific training, and testing, came in to being.
- Coaches did a great job and moved with the programme, now not an issue.

Potential/Start Programme

- Funded by Sport England, Wales/Scotland also joined in to make it British
- I was the first full time person to drive this area of the programme
- The selected swimmers were expected to attend all programmed training camps, be available for selection for international competition and compete at specified competitions.
- The swimmer was also be expected to complete test sets within their home programme as required.

Potential/Start

- During their involvement with the programme we exposed the swimmers to the following types of education sessions and training;
- Lifestyle and self management skills,
- Land work training, (strength, power and speed)
- Swimming training and test sets, 7x200, 7x400
- Biomechanical analysis and videoing,
- Psychology,
- Physiology,
- Team building exercises,
- Race plans and performance modeling.
- Dealing with the media

Camps

- 2001 – 14 camps conducted
- 2002 – over 30 camps conducted, maintained through 2003, 2004
- Medley camps 12 & Under, age group camps 13 to 15
- Youth camps, volume camps, race simulation and volume camps
- David Davies 1500 and comment post Athens
- National event camps 7 locations approx 15 swimmers 6 staff on each camp in September, all offshore.
- Head Coach, skills coach, group coaches, different situations education for coaches, managers, staff – many coaches and staff had development on these camps.
- Guest international coaches, talent spotting Niels Bouws, Peter Freeny, Australia.
- Talent weekend and selection
- Peter Banks on distance camps

Select Coaching Workshops

- 2001 - A group of 15 to 20 coaches involved in the age and youth programmes were identified to participate in an intensive coach development programme.
- This aim of this programme was to "fast track" knowledge to coaches with the aim of making them the most prepared group of coaches able to make the transition from age group coaching to national team coaching.
- Dr Bob Trefene, Wayne Goldsmith, Dr Istvan Balyi, Coaches, ASCA clinic, Don Talbot, plus staff from within GB Fred Vergnoux, Ben Titley, Kevin Renshaw, Bud McAllister, Tim Kerrison, Ian Turner, SS/SM staff
- Ran this to 2008
- Coaches supporting the programme and developing them was a key factor in the change in the results and the swimmers progressing to the senior team

The below is one example many great coaches, support staff have been involved

WORLD CLASS POTENTIAL PROGRAMME -2002-2003					
SQUAD STAFFING					
YOUTH SQUAD		FEMALE AGE GROUP SQUAD		MALE AGE GROUP SQUAD	
Head Coach	Sean Kelly	Head Coach	Kevin Renshaw	Head Coach	Ian Greyson
Skills Coach	Dave Legge	Skills Coach	Ian Wright	Skills Coach	Sue Purchase
Manager	Frances Smith	Manager	Marie Atkinson	Manager	Dawn Peart
Asst Manager	Chris McCabe	Asst Manager	Helen Slatter	Asst Manager	Lindsay Powell
Landwork	Kathy Read	Landwork	Kathy Read	Landwork	Bob Smith
	Bob Smith				
Group Coaches		Group Coaches		Group Coaches	
	1 Svetli Tomov		1 Russ Barber		1 Stewartt Clamp
	2 Mark Perry		2 Jason Cawkwell		2 Graham Wardell
			3 Adam Baker		3 Paul du Feu
	3 Glenn Smith		4 Mark Crouch		4 Lee Mallinson
	4 Janko Guikoviv				

A key philosophy I had was as follows

- For an improved performance in the pool the potential age and youth programme must have a higher level of expectations from both swimmers and coaches than the national open programme.
- This means that when the swimmer and coach move to the open programme both can cope with the expectations at that level, it should be a step across or down, not upwards.

2002 EJC Linz, Austria

7 Medals



2002 End of year tours introduced

- Identified groups for development all below tours for 4 weeks with swimmers and coaches, SS/SM support
- Training and racing experience
- World Cup Youth Tour 2002 – Shanghai/Melbourne, males and females
- Mexico 2004 female group
- End of year tours to Australia/Singapore/NZ in 2006 & 2007 - 4 weeks, 2 camps, males and females
- I believe for the long terms athlete development these made a big impact and also for our relay depth and development.

World Cups

Shanghai, Melbourne, Paris,
Stockholm, Berlin



20 medals

2003 EJC at home in Glasgow

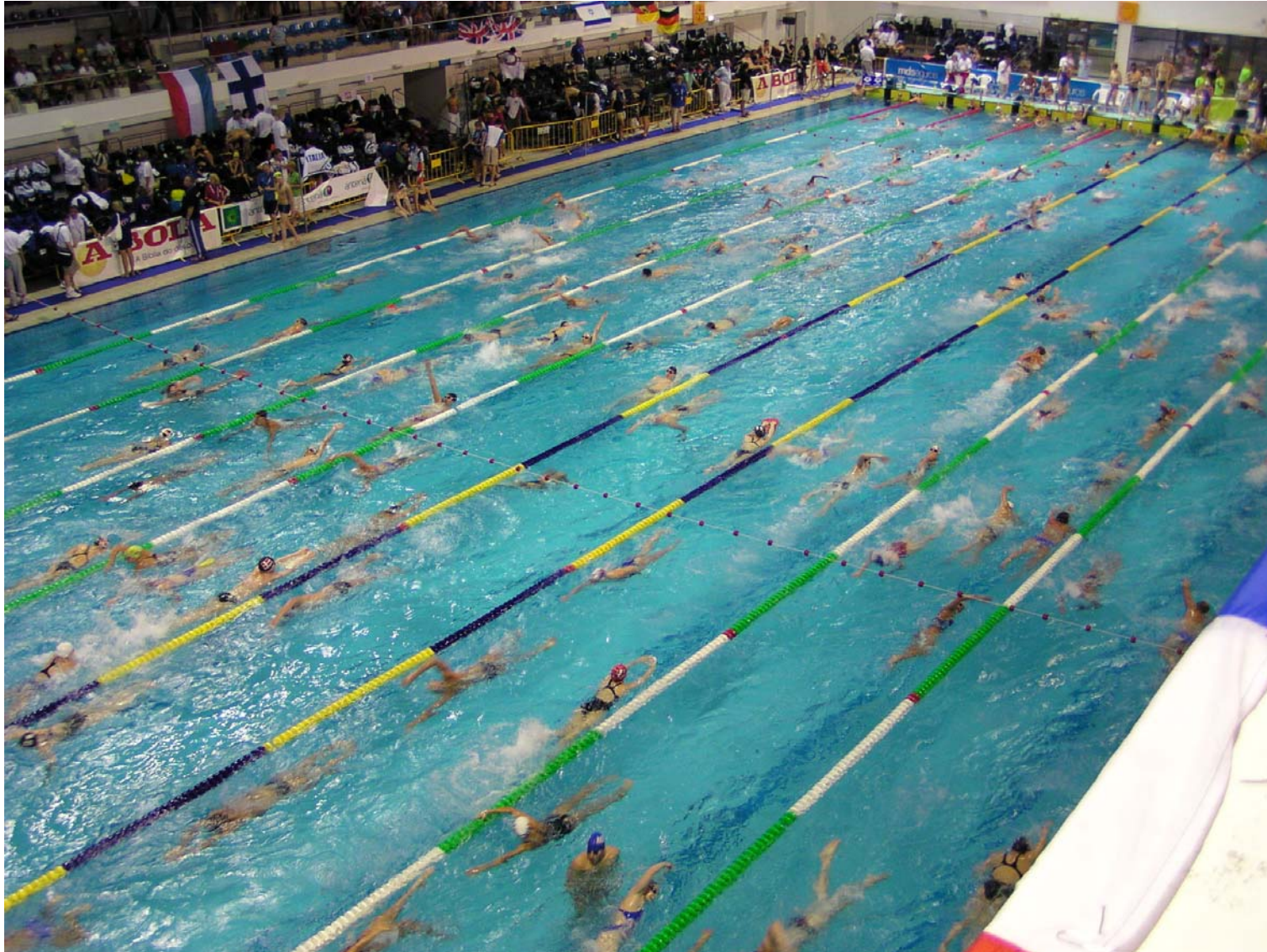


No short cuts

- There are no short cuts to being the best in the world.
- Dr Istvan Balyi said to a group of British swimming coaches that to excel in any sport it takes 10 years and 10,000 hours.
- **British swimming now in its 9th year of development programmes with staffing and programmes at the junior/youth level**

11 medals

2004 EJC Lisbon, Portugal



2004 EJC Lisbon



2006-2007-2008

- The three best consecutive years of results for GBR- this is a result of years of work with the programme.

2006 Palma

15 medals – best offshore



2007 Antwerp



17 medals – best offshore



18 medals – best offshore

2008 Belgrade



GB EJC Results Progression

- **Medals won at the European Junior Championships**
- 2001 – **3** – Two Gold and one bronze
- 2002 – **7** – One Gold, Two Silver and Four Bronze
- 2003 – **20** – Six Gold, Six Silver and Eight Bronze –
Best ever championships by 8 medals
- 2004 – **11** – Three Gold, Two Silver and Six Bronze
- 2005 – **9** – One Gold, Four Silver, Four Bronze (seven 4th)
- 2006 – **15** – Six Gold, Seven Silver, Two Bronze –
Best ever offshore championships
- 2007 – **17** - Seven Gold, Seven Silver, Two Bronze –
» Best ever offshore championships (inc Richard Charlesworth OWS EJC Gold)
- 2008 – **18** – Ten Gold, Five Silver, Three Bronze – Best ever
offshore championships in total medals, best ever in
Gold, and European Junior Champions

The Unofficial EJC Combined Medal Tables 2002 to 2007

Nation	2002	2003	2004	2005	2006	2007	2008	2009	Total
Russia	31	12	25	10	18	20	24		140
Great Britain	7	20	11	9	15	16	18		96
Italy	8	10	12	15	19	18	14		96
Hungary	12	12	9	25	13	11	4		86
Germany	15	12	20	13	3	11	11		85
Poland	8	5	5	11	11	10	8		58
France	7	9	2	7	6	7	7		45
Ukraine	5	8	-	4	3	3	3		26
Sweden	5	1	1	3	4	4			18
Greece	1	6	4	-	1	2	1		15
Croatia	2	3	2	-	6	1			14
Spain	-	-	5	3	4	-	2		14
Netherlands	-	1	5	1	2	-	4		13
Austria	2	1	2	1	2	4			12
Slovenia	1	3	5	-	2	-	1		12
Portugal	1	-	1	8	1	-			11
Belgium	-	-	-	1	2	4	2		9
Denmark	-	6	1	-	1	-			8
Serbia	-	-	-	-	-	3	4		7
Romania	-	-	1	2	2	-	1		6
Finland	3	1	1	-	-	-			5
Lithuania	1	1	-	-	1	1			4
Belarus	-	-	-	-	1	3			4
Slovakia	-	-	2	1	-	-	1		4
Yugoslavia	3	-	-	-	-	-			3
Estonia	-	1	1	-	1	-			3
Czech Rep	2	-	-	-	-	-	1		3
Israel	-	-	-	-	-	2	1		3
FAR							2		2
Bulgaria	-	1	-	-	-	-			1
EN							1		1
Turkey							1		1
Norway	-	1	-	-	-	-			1
Number of nations winning medals	18	20	20	16	22	17	21		

Number of GBR Finalists at the European Junior Championships

- 2001 – 17
- 2002 – 16
- 2003 – 31 (most number of finalists ever)
- 2004 – 31 (equal number of most finalists)
- 2005 – 28
- 2006 – 38 (most number of finalists ever, includes medalists)
- 2007 – 34
- 2008 – 39 (most number of finalists ever, includes medalists)

Number of relays entered into the European Junior Championships & Results improvement

- 2001 – 1 relay – team was disqualified
- 2002 – 3 relays – 2 teams won medals
- 2003 – 6 relays – 5 teams won medals
- 2004 – 6 relays – 3 teams won medals
- 2005 – 4 relays – 1 team won a medal
- 2006 – 6 relays – 4 teams won medals
- 2007 – 6 relays – 5 teams won medals, 2 Golds
- 2008 – 6 relays – 3 teams won medals, all Golds
- 7 years in a row 2002 to 2008 a medal in the women's 4 x 200 FS

GREAT BRITAIN EUROPEAN JUNIOR RELAY TEAM RESULTS 1999 TO DATE

Year and medals	4 x 100 Medley		4 x 100 FS		4 x 200 FS	
	male	female	male	female	male	female
1996 3			Silver 3:28.85 German Wilks Morgan Johnson	Silver 3:53.88 M.Marshall Cooper Burges Hunter		Silver 8:23.43 Cooper Nesbitt Burges Hunter
1997 3	Bronze 3:47.55 D.Smith 58.88 D.Mew 62.52 R.Greenwood 55.20 M.Kidd 50.95		Gold 3:24.83 M.Kidd 51.49 M.German 51.49 M.Spacman 51.09 D.Wilks 50.16	Gold 3:50.74 K.Nesbitt 58.62 S.Stevens 58.32 L.Cooper 57.17 M.Marshall 56.66		
1998 3	Bronze 3:49.43 Steve Kidd 60.09 Adam Whitehead 62.53 D.Wigg 56.33 B.Morgan 50.48		Silver 3:27.36 E.Sinclair 52.60 D.Leith 51.89 S.Burlenshaw 52.06 B.Morgan 50.81		Bronze 7.33.57 E.Sinclair D.Leith M.Racher S.Burtenshaw	
1999 1	4 th 3:51.66 M.Ferrarelli 60.20 S.Seddon 64.50 D.Bennett 55.77 S.Burtenshaw 51.19	4 th 4:18.81 L.Coull 1:05.18 J.Mullins 73.11 G.Howells 1:02.99 C.Dallas 58.53	6 th 3:29.27 C.Cozens 52.42 S.Chappells 52.39 P.Turnham 53.25 S.Burtenshaw 51.21	6 th 3:55.94 J.Mullins 59.20 C.Dallas 59.16 L.Chapman 58.68 C.Faulkner 58.90	5 th 7:40.84 S.Trees 1:55.34 S.Burtenshaw 1:55.27 S.Chappells 1:56.34 A.Faulkner 1:53.89	Bronze 8:21.23 R.Cooke 2:05.67 N.Brown 2:05.68 C.Dallas 2:05.82 E.Aldworth 2:04.06
2000 2	6 th 3:52.47 D.O'Brien 58.33 C.Tidy 1:05.83 M.Graves 56.12 R.Francis 52.19	Silver 4:16.44 L.Coull 65.44 K.Balfour 71.53 G.Howells 1:02.58 L.Chapman 56.89	Silver 3:27.89 C.Cozens 52.28 S.Chappells 52.24 M.Bowe 52.00 R.Francis 51.37	-----	5 th 7:40.18 S.Chappells 1:55.05 Duckham 1:56.25 MacDonald 1:56.66 R.Francis 1:52.22	-----
2001 0	-----	DISQ FINAL K.Wassall A.Konowalik T.Dunning V.Cook	-----	-----	-----	-----

Year and medals	4 x 100 Medley		4 x 100 FS		4 x 200 FS	
	male	female	male	female	male	female
2002 2	-----	7 th 4:20.01 K.Wassall 67.45 K.Haywood 1:11.05 L.Campbell 1:02.33 J.Beckett 57.97	-----	-----	Bronze 7:32.69 D.Davies 1:52.69 M.Webster 1:53.73 P.Webster 1:53.64 R.Davenport 1:52.61	Bronze 8:21.63 K.Wyld 2:06.41 L.Chase 2:07.97 N.Prince 2:03.41 KA.Payne 2:03.84
2003 5	Bronze 3:45.63 L.Tancock 56.21 L.Wighwick 63.66 M.Leel 55.33 C.Gibbons 50.43	Bronze 4:14.15 S.Proud 1:03.23 G.Callaghan 1:10.99 L.Campbell 1:02.33 K.Richardson 57.60	Bronze 3:24.83 M.Stephenson 51.65 C.Gibbons 50.43 B.Hutchinson 51.44 E.Denton 51.32	Bronze 3:50.06 R.Morahan 57.74 S.Proud 57.34 D.Berry 58.14 K.Richardson 56.84	5 th 7:33.85 A.Thirwell 1:53.48 D.Milwain 1:53.49 A.Hunter 1:55.14 D.Davies 1:51.74	Silver 8:14.07 S.Proud 2:04.28 K.Richardson 2:02.87 D.Berry 2:03.89 KA.Payne 2:03.03
2004 3	4 th 3:46.29 S.Houston 57.05 C.Watkinson 64.42 M.Rock 54.12 E.Denton 50.70	Bronze 4:14.86 S.Proud 63.56 L.Tonks 1:11.29 S.Johnson 62.43 V.Robinson 57.58	5 th 3:26.83 L.Owens 51.78 E.Denton 51.10 A.Hodgeson 52.23 D.Milwain 51.72	DISQ HEATS C.Powell L.Smith L.Tonks V.Robinson	Bronze 7:30.82 D.Milwain 1:53.87 L.Wardley 1:53.18 L.Owens 1:51.77 A.Hunter 1:52.00	Bronze 8:15.20 S.Proud 2:02.61 D.Berry 2:03.62 L.Smith 2:03.43 L.Tonks 2:05.54
2005 1	-----	4 th 4:15.85 H.O'Connor 1:05.91 S.Tadd 1:12.43 J.Lowe 1:01.82 F.Halsall 55.69	-----	9 th 3:54.63 R.George 59.06 R.Gatford 57.62 C.Ross 59.75 N.Durrant 58.20	5 th 7:35.12 J.Clark 1:54.26 J.Batley 1:54.48 C.Alderton 1:54.59 R.Renwick 1:51.79	Bronze 8:15.26 F.Halsall 2:05.39 J.Carlin 2:03.69 N.Durrant 2:05.39 R.George 2:02.77
2006 4	Bronze 3:48.68 M. Loughran 58.23 M. Partridge 64.39 C.Chasser 55.14 R.Renwick 50.92	DISQ Heats G. Davies E. Bird J. Lowe L. Collins	Silver 3:25.59 D.Waslin 51.84 A. Brown 51.29 C. Middleton 51.71 R. Renwick 50.75	Gold 3:47.89 N. Durrant 58.34 C. Ross 57.82 L. Collins 57.08 F. Halsall 54.65	5 th 7:34.15 D.Waslin 1:54.50 J. Keane 1:54.98 J.Clark 1:53.51 R. Renwick 1:51.16	Silver 8:11.76 F.Halsall 2:02.32 N.Durrant 2:03.68 E.Simmonds 2:03.59 R.George 2:02.17
2007 5	Silver 3:44.29 M.Loughran 55.97 M.Partridge 63.42 J.Doolan 54.65 A.Brown 50.25	Gold 4:09.29 (new record) E.Simmonds 1:01.33 A.Warren 1:11.35 E.Gandy 59.89 L.Collins 56.72	Silver 3:22.36 C.Fox 50.83 A.Brown 50.33 R.Bennett 51.12 G.Turner 50.08	Silver 3:48.99 R.Turner 57.46 E.Gandy 57.20 J.Turner 57.59 L.Collins 56.74	4 th 7:26.45 C.Fox 1:51.59 R.Bennett 1:52.17 G.Turner 1:51.66 C. Walker-Hebborn 1:51.03	Gold 8:11.46 S.Matthews 2:04.84 E.Gandy 2:00.62 R.Turner 2:02.20 L.Collins 2:03.80

Year and medals	4 x 100 Medley		4 x 100 FS		4 x 200 FS	
	male	female	male	female	male	female
2008 3	Gold 3:39.75 (new record) C.Walker-Hepborn 55.67 D.Sliwinski 61.68 J.Doolan 53.15 R.Bale 49.25	5 th 4:13.34 A.Hooper 63.98 Rachael Solway 71.28 Lucy Worrall 61.37 Rebecca Turner 56.71	4 th 3:21.11 Robert Bale 50.55 Tom Parris 50.26 Ryan Bennett 50.43 Chris Walker-Hebborn 49.87	7 th 3:52.33 Rebecca Turner 57.53 Eloise Barber 58.21 Sophie Allen 58.31 Emma Graham 58.28	Gold 7:19.98 (new record) Robert Bale 1:49.90 Tom Parris 1:50.29 Ryan Bennett 1:49.96 Chris Walker Hebborn 1:49.83	Gold 8:08.82 (new record) Rebecca Turner 2:02.28 Lucy Worrall 2:03.28 Alexandra Hooper 2:02.33 Anne Bochman 2:01.03

Medals Year By Year at EJC, ranked by number of GOLD medals in each year

Medals Year By Year at EJC, ranked by number of GOLD medals in each year								
						Individual		
Year	Gold	Silver	Bronze	Total Medals	Finals	Medal Winners	Medalists	Team Size
2008	10	5	3	18	39	8	13	42
2007	7	7	3	17	34	6	16	26
2003	6	6	8	20	31	7	17	29
2006	6	7	2	15	38	6	17	32
2004	3	2	6	11	31	7	15	29
1993	3	1	5	9	16	4	17	
1991	3	1	1	5	17	2	2	
1997	2	2	6	10	21	6	13	35
2001	2	0	1	3	17	2	2	19
1999	1	6	5	12	30	7	11	25
1980	1	6	3	10		5		

Medals Year By Year at EJC								
Year	Gold	Silver	Bronze	Total Medals	Finals	Individual Medal Winners	Medalists	Team Size
1967	0	0	0	0		0		
1969	0	0	0	0		0		
1971	0	1	1	2		2		
1973	0	2	2	4		4		
1975	0	1	1	2		1		
1976	1	0	1	2		2		
1978	0	0	1	1		1		
1980	1	6	3	10		5		
1982	0	1	1	2		1		
1983	1	5	1	7		2		
1984	0	0	1	1		1		
1985	1	0	3	4	12	3	3	
1986	0	0	0	0	9	0	0	
1987	0	2	2	4	19	1		
1988	1	3	3	7	24	4	7	
1989	0	3	2	5	22	4	7	
1990	1	0	1	2	16	2	2	
1991	3	1	1	5	17	2	2	
1992	1	5	3	9	17	5		
1993	3	1	5	9	16	4	17	
1994	1	1	0	2	3	1	5	
1995	1	3	3	7	13	2	11	
1996	1	3	2	6	15	3	11	
1997	2	2	6	10	21	6	13	35
1998	0	3	8	11	26	6	10	30
1999	1	6	5	12	30	7	11	25
2000	0	4	3	7	24	4	10	24
2001	2	0	1	3	17	2	2	19
2002	1	2	4	7	16	4	10	22
2003	6	6	8	20	31	7	17	29
2004	3	2	6	11	31	7	15	29
2005	1	4	4	9	28	7	10	27
2006	6	7	2	15	38	6	17	32
2007	7	7	3	17	34	7	16	26
2008	10	5	3	18	39	8	13	42
2009								
Total	55	86	90	231				

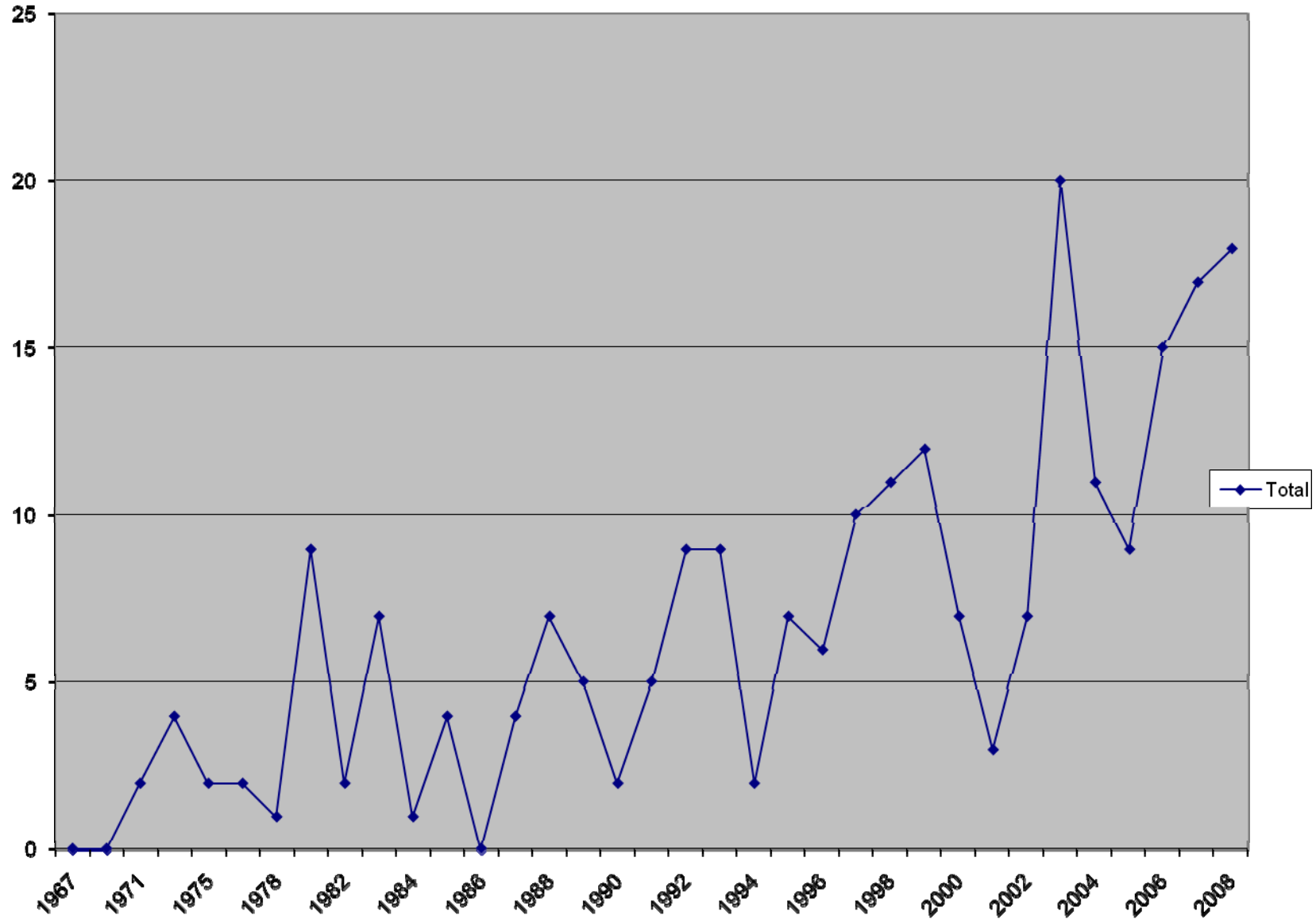
1967-2000
131 medals

Average 4.8
per
championships.
27
championships

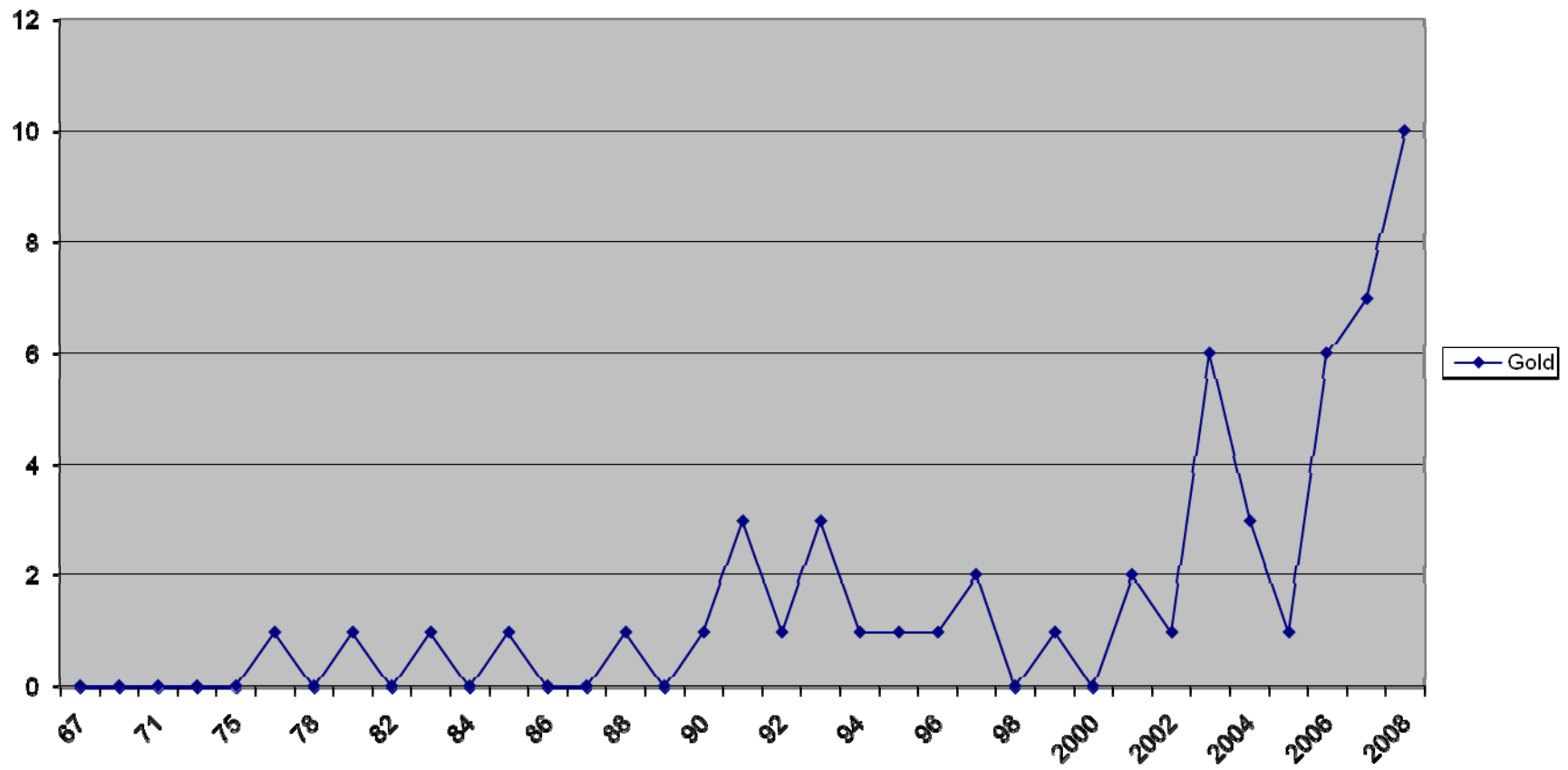
2001-2008
100 medals
Average 12.5
per
championships,
8
championships

Last 6 years
average 15

Total



Gold



Progression of EJC swimmers beyond EJC

- When considering progression from the European Junior team to the World LC Championships and the Olympic Games, many people will say there is a significant drop out.
- This will always be the case, as there is a European Junior Championships every year, the Olympic Games are every four years, the European Juniors are restricted by age groups, therefore each year new swimmers are required and every two years it is a completely different group of athletes.
- When swimmers move to open swimming there are no restrictive age barriers and therefore swimmers who are World Class can have many years on a national team (whether this is right or not is irrelevant as it is fact.).

Olympic Team Stats

- **2004 British Swimming Olympic Team, representation at the European Junior Championships (EJC) and the European Youth Olympic Festival (EYOF)**
- There were 36 swimmers on the British Swimming Olympic Team for 2004 including;
- 27 swimmers that competed at the European Junior Swimming Championships when they were Youth swimmers = **75%**
- 30 swimmers from the 36 Olympians had been Junior team members and/or funded through the World Class Potential programme = **83%**
- 20 swimmers from the 36 Olympians were medalists at the European Junior Championships = **55.5%**
- 8 swimmers from the 36 Olympians had competed at the European Youth Olympic Festival. However the EYOF only commenced in 1991 and has a limited number of places available on the team = **22%**
- **Olympic Games 2008 very similar to 2004**
 - 33 swimmers out of a team of 37 Olympians had been Junior team members and/or funded through the World Class Potential/Development programme = **89%**
- **World LC 2009 – Team Size 40**
 - 30/40 have done the EJC 75%
 - 32/40 EJC/WYC = 80%
 - 35/40 Junior teams and or Development [programme = **87.5%**

Youth Programme Athletes Making Senior British/Home Country Teams for Major Championships (Olympics, Worlds LS/SC, Europeans LC/SC and Commonwealth Games)

- Percentages and numbers of senior teams made up from Development/Potential/Youth funded or GB Junior team members since 2001 is as follows,
- **World LC Championships and Olympic Games**
- World LC Championships 2001 – 2 swimmers out of a team of 27 = **7%**
- World LC Championships 2003 – 7 swimmers out of a team of 34 = **20%**
- Olympic Games 2004 – 11 swimmers out of a team of 36 = **30%**
- World LC Championships 2005 – 9 swimmers out of a team of 18 = **50%**
- World LC Championships 2007 – 22 swimmers out of a team of 35 = **62.8%**
- Olympic Games 2008 – 33 swimmers out of a team of 37 = **89%**
- World LC Championships 2007 -35 swimmers out of a team of 40 = **87.5%**

Combined Male/Female Statistics following EJC 2007

- 179 different swimmers have competed at the EJC between 1999 and 2007 – 9 Championships (90 females and 89 males).
- **The following statistics are based on the 179 swimmers and was updated following 2007 EJC and 2008 Olympic Trials.**
- 95 (51 females/44 males) swimmers of the 179 who have competed at the European Junior Championships, have progressed to competing at senior level = 53.07%.
- 59 (35 females/24 males) of the above 95 swimmers were medalists at the EJC = 62.10%.
- 28 – 14 F, 14 M at Olympics = 15.64%
- 27 – 16 F, 11 M at WLC = 15.08%
- 37 – 20 F, 17 M at ELC = 20.67%
- 38 – 20 F, 18 M at CWG = 21.22%
- 31 – 14 F, 17 M at WSC = 17.31 %
- 73 – 38 F, 35 M at ESC = 40.78%
- 12 – 4F, 8M at WUG = 6.70%
- Similar USA statistics show 10% of their junior team members go onto represent at the Olympic Games and World LC Championships. This data has been collected over 4 Olympic Games (TBC).

Liam Tancock -2003 EJC Glasgow,
2005 Montreal medal 50 BK, 2007
Melbourne medal 100 BK and 2008
Beijing finalist



1999 to 2007 EJC

- 179 different swimmers (90 F, 89M) represented GBR at EJC
- 39 (23F, 16M) individual event medal winning swimmers – **21 went onto swim for GBR at the OLY/WLC = 53.5%**
- 49 (24F, 25M) relay only medal winners – **8 went onto swim for GBR at the OLY/WLC = 16.32%**
- 91 (43F, 48M) other swimmers competed without winning any medal – **5 went onto swim for GBR at the OLY/WLC = 5.4%**
- From the 5 one swimmer ranked no 1 who was ill at EJC, one swimmer finished 4th, 2 swam in relay finals

Beijing and British Swimming



Beijing

- 6 swimming medals in Beijing
- 5 athletes won medals
- 4 competed at the European Juniors and were individual medallists
- 1 swam at EJC open water championships

Rebecca Adlington 2004 European Junior Champion – Coach Bill Furniss



To 2008 Olympic champion! Coach Bill Furniss



400 Gold and Bronze

Jo Jackson
EJC 2002

Coach Dave
McNulty



2008 Open Water Silver and Bronze

GB

Cassi Patten OPN WTR EJC

Kerianne Payne EJC 2002
& 2003

Coach Sean Kelly



Kerriane Payne 2002 & 2003 at EJC

Coach Dave Crouch



David Davies 2002 & 2003 at EJC

Coaches 04 Dave Haller, 08 Kevin Renshaw

EJC 2002
S 400 FS,
B 4 x 200
Relay

EJC 2003
G 1500
S 200 FS
B 400 FS



David Davies



2004 1500 FS Bronze
Coach Dave Haller

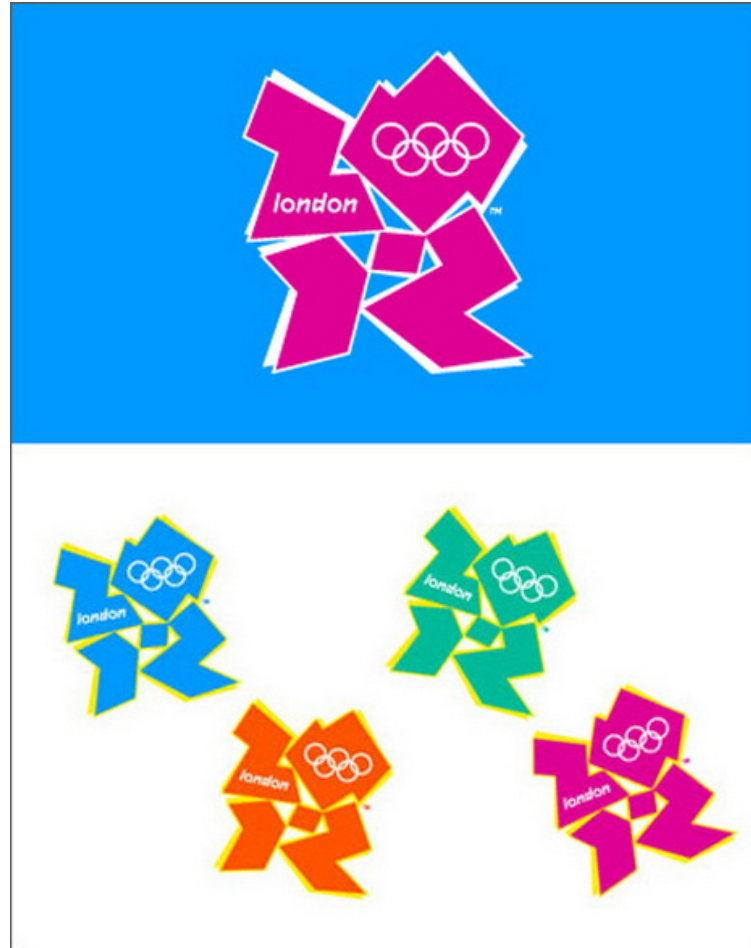


2008 10 K Silver Coach
Kevin Renshaw

2009 onwards

- Revised structure
- Full time National head coach – Dennis Pursley
- Full time Development Coach – Chris Martin
- Full time Open Water Programme Manager – Mark Perry
- 5 Intensive Training centres, Bath, Swansea, Loughborough, Stockport, Stirling
- All leading to London 2012

London 2012 is next.....



London 2012 April 2009



Aquatic
centre



2012 Aquatic Centre



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